

Area 1 Agency on Aging

2003-2004 Annual Report



Connecting Generations...Strengthening Community

A Message from the President of the Board



Jim Davis, A1AA Board President

As the Area 1 Agency on Aging (A1AA) enters its 25th year of providing programs in Del Norte and Humboldt Counties, this Annual Report celebrates our successes and considers future challenges. Initially established to guide the development of older adult programs, the A1AA now successfully advocates, plans, coordinates and delivers a range of senior, volunteer, information and caregiver services.

The mission of the Area 1 Agency on Agency is:

to provide leadership and guidance in supporting an older person's ability to lead a dignified, safe, healthy and independent life; and to provide leadership and resources that support volunteers as they make positive changes in our community.

As we look to the future, we see that the changing demographics will challenge us. We must continue the development of a full range of services for older adults and expand volunteer activities throughout our local community. The work of the Agency supports the belief that all people should have the opportunity to fully participate in community life.

Over the years, the A1AA has been steadfast in our commitment to ensure quality services, promote creative problem solving and nurture partnerships. The Board of Directors is pleased to present this accounting of the 2003-2004 year.

How can you help?

You can help the Area 1 Agency on Aging make a difference to people living in Del Norte and Humboldt Counties through a tax-deductible gift. Gifts to the A1AA can be made by donations, bequests, or through a trust. The Area 1 Agency on Aging Endowment Fund was established to support senior programs. We have also established endowment funds to support the operations of our volunteer programs. To discuss a potential donation to the Area 1 Agency on Aging, please call us at (707) 442-3763 or the Humboldt Area Foundation at (707) 442-2993.

A1AA 2003-2004 Board of Directors

Back row, left to right: Ben Cameron-Treasurer, Gwynna Morris, Don Raffaelli, Jim Davis-President, John Bergen, Tom Rowe. Front row, left to right: Beth Giraud-Secretary, Nancy Schwarz-Vice President, Rick Bennett. Not pictured: Meredith Harris, Don Scanlon, Bob Spencer.



Strengthening Community

The Area 1 Agency on Aging is committed to working in collaborative partnerships. Such alliances improve the service delivery system, leverage funding, secure grants to expand services, and maximize expertise in the design and development of new services.

The Agency's dedicated and caring staff, with the cooperation and assistance of our many partners, helped us maintain and expand senior and volunteer services in the bi-county area. We acknowledge the efforts of staff, volunteers and partner organizations that helped realize the following achievements in the 2003-2004 fiscal year.



Florence Winton and Tom Collins.

- ✧ **Forged a new partnership with Blue Lake Rancheria for Native American elder outreach resulting in 139 contacts.**
- ✧ **Initiated respite scholarship funding to the Adult Day Health Care programs in Eureka, Arcata and Fortuna resulting in 1,115 hours of respite for caregivers.**
- ✧ **With one year grant funding, initiated a Southern Humboldt case manager program resulting in serving 600 clients.**
- ✧ **Funded caregiver training at College of the Redwoods, Del Norte Campus, resulting in providing 33 hours of training to in-home caregivers.**
- ✧ **Served 1,914 clients through the Del Norte InfoCenter, which houses Senior Information and Assistance, HICAP (Health Insurance Counseling and Advocacy Program), and the Volunteer Center of the Redwoods.**
- ✧ **Hosted senior bus days in Arcata, Eureka, Fortuna and McKinleyville which assisted elders to become familiar with bus services.**
- ✧ **Received a rural case study grant (one of three in the nation) to assess volunteerism trends on the Northcoast.**
- ✧ **Worked with KEET TV to produce "The Forgetting," a local documentary on Alzheimer's disease.**
- ✧ **Received one of only two grants in the state to establish an Aging & Disability Resource Center. The Center will be based in Crescent City.**

Front cover photos, top to bottom: Art and Pam Zeutenhorst, Sophary Yun & Christina Burke, Barbara Schechla & Shyanne Walters. Background cover photo, "Klamath River in the Morning," by Elizabeth A. Whitley. Cover design and report layout by Elizabeth A. Whitley of Catalyst Graphics.

Building Capacity

Administrative staff of the Area 1 Agency on Aging perform a variety of functions aimed at building the capacity of our community to meet the needs of our citizens. These include assessing the needs of local older adults and caregivers; conducting an array of planning activities to develop services to meet those needs and to prepare for the coming baby boomers; reviewing proposed legislation and gauging its impact on local elders and families; advocating for people to receive the services and support they need to remain independent; and providing technical assistance to the community.



"Planning for An Aging Population" Baby Boomer Forum

The A1AA Advisory Council serves as the community's principal elder advocate. The Council reviews legislation, sponsors public hearings, and coordinates the local election of representatives to the California Senior Legislature. Technical support and nutrition education is offered to contracted senior nutrition programs by the Agency's Consultant Registered Dietitian. The Dietitian also coordinates the California Department of Aging Senior Farmers Market Voucher Program.

Reaching Out and Giving Back

Volunteers of all ages are the heart of a healthy and active community. The A1AA is proud to serve as host to the Volunteer Center of the Redwoods, home of the Retired and Senior Volunteer Program (RSVP). The Volunteer Center not only provides assistance to connect volunteers of all ages to their community, but also supports agencies by providing them with assistance and training in recruiting, managing and retaining volunteers.

RSVP focuses on volunteers over the age of 55. In 2003-2004, RSVP supported the efforts of 808 volunteers serving in over 200 agencies in Humboldt and Del Norte counties. These volunteers amassed 148,210 hours of service last fiscal year, amounting to a contribution to the community valued at over \$2,500,000.

The dedicated volunteers of RSVP serve an incredible cross-section of organizations and institutions. Some examples are public schools, literacy projects and libraries, Sheriff's Citizens on Patrol (SCOP), Red Cross, CASA, Humboldt Mediation Services, Humboldt Domestic Violence Services, Superior Court and Probation, Adult Day Care, skilled nursing facilities, senior lunch sites, the Ombudsman Program, Senior Center programs, the Brown Bag Program, local community thrift stores, companionship to people in their homes, hospitals, Hospice, Community Assistance Network, Planned Parenthood, health education agencies, parks, the zoo, gardens, Big Brothers/Big Sisters, Habitat for Humanity, Woodcrafters, Katie's Krafters and Craf-T-Crafters. The list goes on and on!

Connecting People with Service

The growth of the older adult population has increased the demand for information and assistance by older adults, their families and caregivers. Navigating the complex array of services can sometimes be overwhelming. Through the different programs provided by the A1AA, people can get help in accessing services, both locally and across the country.

The following services were offered to 11,304 individuals last year:



Left to right: Elizabeth Macias-Holtam, Sandra Dee Macias-Holtam, Betty Girardi (seated).

Aging & Disability Resource Center

A new federally funded program to assist underserved populations to access services.

Caregiver Services

A variety of collaborations in Humboldt County that fund training on the skills of in-home caregiving, support and information to family and professional caregivers and a resource library on a variety of health and care related issues.

Del Norte Caregiver Registry

A program to help seniors, persons with disabilities and families find in-home care providers.

Del Norte InfoCenter

A state-of-the-art information service for all residents of Del Norte County.

Family Caregiver Support Programs

Information, care management, home modification and chore services available to those who provide care to an older adult or to grandparents raising their grandchildren.

Health Insurance Counseling & Advocacy Program (HICAP)

Provides counseling and information on Medicare benefits, supplemental insurance plans, the new prescription drug benefit under Medicare, and programs that help individuals purchase medications at a reduced cost.

IHSS Caregiver Registry

A partnership with the County of Humboldt to assist in-home caregivers in finding employment and to match persons who need in-home care with potential workers.

Senior & Caregiver Information & Assistance Program

This pivotal program connects older persons and caregivers to resources by first assessing their needs and then connecting the person or their caregiver to community agencies that provide the needed services.

Fostering Programs that Keep Community Strong

In addition to the services directly provided by the Agency, the Area 1 Agency on Aging provided funding to seven community based organizations to ensure the availability of an array of services for adults in Del Norte and Humboldt Counties.

Adult Day Health Care of Mad River **\$23,849**

To provide transportation for program participants.

Del Norte Senior Center **\$103,306**

To provide senior lunch and home-delivered meals in Del Norte County.

Food for People **\$26,192**

To coordinate the collection and distribution of food products to eligible elders through the Brown Bag Program.

Healy Senior Center **\$47,214**

To provide senior lunch and home-delivered meals in Southern Humboldt County.

Humboldt Senior Resource Center **\$813,482**

To provide programs including the Alzheimer's Day Care Resource Center, Linkages case management, Respite Purchase of Service, senior lunch and home-delivered meals, Long-Term Care Ombudsman, and transportation for Adult Day Health Care participants.

K'ima:w Medical Center **\$13,162**

To provide senior lunch and home-delivered meals for seniors in the Hoopa Valley.

Legal Services of Northern California **\$47,085**

To provide legal counseling and representation to seniors in matters primarily related to public benefits.



Scarlett Rippeon (left) and Velma Dunn.

In 2003-2004 A1AA Funds Helped Provide:

69,234 home-delivered meals

57,913 senior lunch meals

83,347 pounds of food to low-income senior households

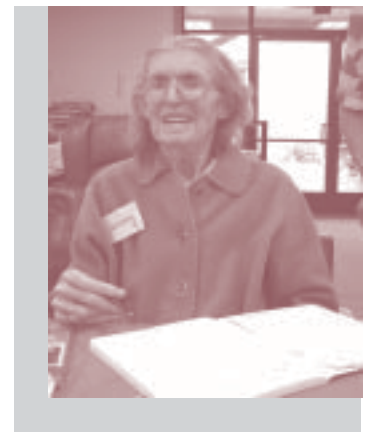
2,316 hours of legal assistance to elders

3,500 hours of social work to at-risk adults over age 18

3,720 hours of complaint resolution in long-term care facilities

5,004 days of service program attendance for persons with Alzheimer's disease and related dementias

2,038 hours of respite to families



Lurana Larkey

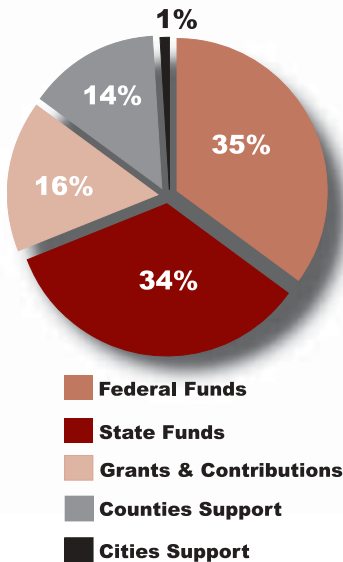
Practicing Effective Financial Management

The Area 1 Agency on Aging (A1AA) administered approximately \$2.4 million in operating revenues during fiscal year 2003-2004. The A1AA also benefited from investment income of \$160,000 during the 2003-2004 fiscal year.

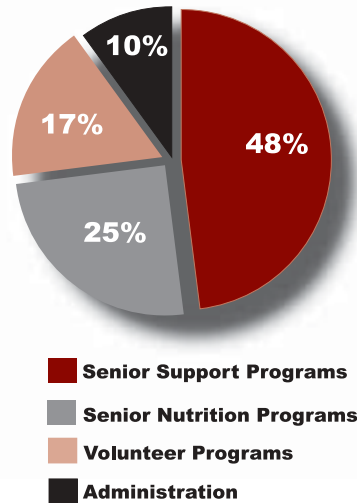
A 501(c)(3), the A1AA receives governmental funding comprised of federal, state, county and city dollars. In addition, grants and contributions are received from foundations, private donations, fundraising, membership fees, school districts, in-kind support, underwriting and special project sponsorships. Revenue sources vary on an annual basis due in part to fluctuations in grant funding.

The A1AA practices effective financial stewardship of the public monies it administers by conducting annual fiscal and program monitoring of its subrecipients. The Agency also engages a certified public accounting firm to conduct an annual independent audit and has enjoyed a history of audit reports reflecting unqualified opinions.

2003-2004
Operating Revenues
\$2,423,000



2003-2004
Operating Expenditures
\$2,515,000



Statement of Financial Position

	As of <u>6/30/04</u>	As of <u>6/30/03</u>
Assets		
Cash and Cash Equivalents	\$516,652	\$580,128
Investments	\$1,469,153	\$1,318,651
Other Assets	\$409,708	\$474,748
Total Assets	<u>\$2,395,513</u>	<u>\$2,373,527</u>
Liabilities	\$335,453	\$339,896
Net Assets		
Unrestricted	\$1,914,595	\$1,904,917
Temporarily restricted	\$145,465	\$128,714
Total Net Assets	<u>\$2,060,060</u>	<u>\$2,033,631</u>
Liabilities and Net Assets	<u>\$2,395,513</u>	<u>\$2,373,527</u>

Contact Us



A1AA Advisory Council

Left to right: Jackie Glenn, Bertha Merezko, Dorothy Lincoln, Mary Lo Miglio, Barbara Walser, Mary Dennison, Victoria Onstine-President, Thea Gast-Vice President, Carolyn Biles. Not pictured: Supervisor Bonnie Neely, Supervisor Sarah Sampels, Nancy Wilson.



Volunteer Center of the Redwoods Advisory Council

Left to right: Nezzie Wade, Lynne Sarty, Zuretti Goosby-President, Maura Eastman, Kay Sennott-Hofweber. Not pictured: Kari Love-1st Vice President, Kay Burgess-2nd Vice President, Paul Rex, Bill Shapeero, Elizabeth Smith, Arla Ramsey.



Del Norte Volunteer Center of the Redwoods Advisory Committee

Left to right: John Ging, Sherrik Cron, Cathy Morris, Teresa Tsalaky, Virginia Hinkley. Not pictured: Bob Deal, Judy Fox-Carmody, Albert A. Halls.

Area 1 Agency on Aging

3300 Glenwood Street
Eureka, CA 95501
(707) 442-3763
E-mail: administrator@a1aa.org
Web site: www.a1aa.org

Medicare & Insurance Information

(HICAP)
Humboldt: (707) 443-9747
Del Norte: (707) 464-7876
E-mail: hicap@a1aa.org
& dnhicap@a1aa.org
Web site: www.a1aa.org

Senior & Caregiver Information

Humboldt: (707) 442-9591
Del Norte: (707) 464-7876
Toll Free: (800) 408-4636
E-mail: infodirector@a1aa.org
Web site: www.a1aa.org

Caregiver Services Program

(707) 443-4363
Toll free: (877) 977-1604
Eastern Humboldt: (530) 629-1139
E-mail: caregiver@a1aa.org
Web site: www.a1aa.org

Del Norte InfoCenter

1225 Marshall St., Suite 22
Crescent City, CA 95531
(707) 464-7876
E-mail: dnseniorinfo@a1aa.org
Web site: www.dninfocenter.org

Volunteer Center of the Redwoods/RSVP

Humboldt: (707) 442-3711
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