

EMERGENCY SERVICES

"To be prepared is half the victory"

–Miguel Cervantes

Abuse-Intervention Services

Abuse

It is important that family members, friends, neighbors, and professionals who work with seniors, people with disabilities or children know the signs of abuse and report it to the appropriate agency. Abuse often gets worse if nobody stops it. Report suspected cases to the appropriate agencies or to law enforcement. They can often stop abuse before serious injury happens.

Definitions of abuse include, but are not limited to:

Physical Abuse

- Physical assault
- Sexual assault
- Unreasonable physical constraint
- Prolonged withholding of food or water
- Inappropriate use of a physical or chemical restraint, or psychotropic medication

Psychological Abuse

- Verbal assaults, threats, or harassment
- Subjecting a person to fear, isolation, or serious emotional distress
- Confinement

Financial Abuse

- Theft • Embezzlement • Extortion • Fraud
- Misuse of funds or property

Neglect

- Failure to assist in personal hygiene
- Failure to provide clothing and shelter
- Failure to provide medical care
- Failure to protect from health and safety hazards
- Failure to provide food
- Abandonment
- Self-neglect

Elder Abuse

Reports of abuse occurring anywhere other than in a long-term care facility are made to the County Adult Protective Services agency.

Adult Protective Services

Del Norte County

880 Northcrest Drive, Crescent City, CA 95531
(707) 464-3191 Answering service after hours

Humboldt County

808 E Street, Eureka, CA 95501
(707) 476-2100

Investigate reports of adult abuse (physical and emotional), neglect or financial exploitation involving those individuals who are not capable of acting on their own behalf because of their age, physical or mental condition. Responsible for In-Home Supportive Services program for low-income clients. If the suspected abuse occurred in a long-term care facility, report it to the local long-term care ombudsman or to the local law enforcement agency.

Department of Justice, Bureau of Medi-Cal Fraud and Elder Abuse

(800) 722-0432

www.ag.ca.gov/bmfea

Hotline to report Medi-Cal and elder abuse. Investigates and prosecutes elder abuse, neglect and poor quality of care concerning long-term care facilities.

Long-Term Care Ombudsman Program

Humboldt and Del Norte Counties

(707) 443-9747

(800) 231-4024

After Hours Crisis Line

E-Mail: ombud@humsenior.org

Advocates for residents in skilled nursing and residential care facilities. Investigates reports of abuse/neglect.

Emergency Services

Child Abuse

Report suspected cases of child abuse to the child protective services agency.

Child Abuse Hotline

(800) 422-4453

Web Site: www.childhelpusa.org

Child abuse prevention and reporting. Crisis intervention, information, literature and referrals.

Del Norte County Department of Health and Human Services

880 Northcrest Drive, Crescent City, CA 95531

(707) 464-3191

Provides child welfare services, Medi-Cal, food stamps, CalWorks, general relief and CMSP.

Humboldt County Department of Social Services

929 Koster St., Eureka, CA 95501

(707) 445-6180

Provides child welfare services, Medi-Cal, food stamps, CalWorks, general relief and CMSP.

Domestic Violence

Domestic violence is a pattern of abuse that includes physical, emotional, verbal and/or sexual assaults, as well as destructive acts and economic domination against an intimate partner.

Programs offer crisis intervention and counseling for men, women and children; emotional support, food and shelter. Advocacy and education programs are available for community members whose lives are impacted with a range of violence-related activities including alcohol and battering of all kinds.

Emma Center

920 Samoa Blvd. Suite 207, Arcata CA 95521

(707) 825-6680

Web Site: www.emmacenter.org

Non-emergency services for women survivors of abuse and violence. Educational and therapeutic resources; support groups and counseling assistance.

Humboldt Domestic Violence Services

P.O. Box 969, Eureka, CA 95502-0969

(707) 444-9255

(707) 443-6042

24-hour Crisis line

Confidential counseling, information and referrals for men and women. Hotline crisis intervention, legal medical social service advocacy. Crisis shelter and safe house. All services are free. Support groups for men and women. Reservations are required for children's group.

North Coast Rape Crisis Team

P.O. Box 543, Eureka, CA 95502

(707) 445-2881

(707) 443-2737

(707) 465-2851

(707) 465-6961

Humboldt Crisis Line

Business line

Del Norte Crisis Line

Business line

Advocacy and accompaniment to legal and medical proceedings. Information and referrals to local resources. Counseling for all ages and genders. Self defense training. Community outreach and education.

Harrington House Shelter (RHS)

535 W. Harding St., Crescent City, CA 95531

(707) 465-3013

E-Mail: rhs@ruralhumanservices.org

Web Site: www.ruralhumanservices.org

Resource center and shelter for battered women and their children.

WISH

(Women in Crisis in Southern Humboldt)

(707) 923-4100

(707) 923-1777

Crisis Line

Emergency assistance to women in crisis.

Urgent Assistance

The following agencies are prepared to assist in a variety of ways. In many cases, however, the service may be limited to certain types of needs and/or residency restrictions. Call the agency to inquire whether they can help you resolve your particular problem.

Disaster Assistance

American Red Cross

1672 Northcrest Dr., Crescent City, CA 95531

(707) 464-2277 Del Norte

Web Site: www.delnorteredcross.org

406 11th Street, Eureka, CA 95502

(707) 443-4521 Humboldt

E-Mail: humboldtreddcross@pacbell.net

Web Site: www.northcoast.com/~hcarc

Housing, food, clothing, household items. First aid, CPR and water safety classes. Community education in earthquake preparedness and disaster services including fires, floods and earthquakes.

Office of Emergency Services

981 H Street, Crescent City, CA 95531

(707) 464-7207 Del Norte

826 Fourth Street, Eureka, 95501

(707) 268-2500 Humboldt

This office is the lead office to contact when an emergency of any kind happens (i.e. earthquake, flood, storm damage, fire etc.). May assist with filing Federal/State disaster claims. Coordinates and deploys assistance as needed.

Emergency Housing and Assistance

Community Assistance Network (CAN)

355 Standard Veneer Road, Crescent City, CA

(707) 464-9190

E-Mail: can1995@charterinternet.com

Emergency food, clothing and access to hot shower. Temporary emergency housing and job training. One box of food and one visit to clothing bank per individual or family per month. Passes for shower are obtained during business hours.

Emergency Shelter Program

Redwood Community Action Agency

926 G Street, Eureka, CA 95501

(707) 445-0881

E-Mail: housing@rcaa.org

Web Site: www.rcaa.org

Information and referral for emergency services. Emergency housing includes phone privileges for housing and job search. Transitional housing service also available.

Eureka Rescue Mission

110 2nd Street, Eureka, CA 95501

(707) 443-4551

Emergency housing and meals for men, women, and families. Recovery program for men. Mail reception is possible.

Emergency breakfast: Mon. thru Sat. - 6am, Sun 6:30am .

Dinner: 6:30pm Monday thru Saturday.

Food for People - Emergency Food

307 West 14th Street, Eureka, CA 95501

(707) 445-3166

Web Site: www.foodforpeople.org

Emergency food distribution - delivery may be available. Emergency clothing and vouchers.

Orick Community Resource Center

Orick School, Highway 101, Orick, CA

(707) 488-2403

Emergency food and clothing commodities.

Salvation Army, Thrift Store

1489 Hoover Street, Eureka, CA 95501

(707) 442-6475

Emergency food, vouchers provided for clothes, household items and prescriptions.

St. Vincent de Paul

513 K Street, Arcata, CA 95521

(707) 822-6946

Vouchers for clothing, food box, emergency help.

1440 Parkway Drive, Crescent City, CA 95531

(707) 464-1322

Vouchers for clothing and motel rooms, food box, emergency help.

528 2nd Street, Eureka, CA 95502

(707) 443-8676

Emergency food and medical transportation. Free clothing. Used clothing, furniture and appliances sold.

1117 Main Street, Fortuna, CA

(707) 725-4061

Emergency food. Sometimes emergency shelter, medical transportation. Free clothing. Will help with the purchase of antibiotics when critical. Emergency furniture. Used clothing, furniture and appliances sold.

Emergency Services

Homeless Services

You may find yourself without shelter or food. The term “homeless” is used when a person has no place to keep their belongings, and no formal place to sleep. The following services assist in locating housing, food, and or personal items.

Arcata Endeavor/ Arcata Service Ctr.

501 9th Street, Arcata, CA 95521

(707) 822-5008

Food, laundry, showers advocacy, information and referrals. Please call for specific days and times of service.

Emergency Shelter Program

Redwood Community Action Agency

926 G Street, Eureka, CA 95501

(707) 445-0881

E-Mail: housing@rcaa.org

Web Site: www.rcaa.org

Eureka Rescue Mission

110 2nd Street, Eureka, CA 95501

(707) 443-4551

Humboldt County Homeless

Coordinator

(707) 441-5252

Reintegration Program

North Coast Veteran’s Resource Center

2107 Third Street, Eureka, CA 95501

(707) 442-5852

E-Mail: ncvrc@vietvets.org

Network of services including employment and training programs, housing and case management for Veterans.

Rural Human Services

Emergency Services

286 M Street - Suite #A

Crescent City, CA 95531

(707) 464-7441

United Indian Health Services

(Potawot)

1600 Weeot Way, Arcata, CA 95503

(707) 825-5000

Suicide and Crisis Intervention

Mental Health Crisis Line

(707) 464-7224

Del Norte

(888) 446-4408

Del Norte

(707) 445-7715

Humboldt

(888) 849-5728

Humboldt

See Counseling Section, page 21.

Victim Witness Program

District Attorney’s Office

450 H Street, #182, Crescent City, CA 95531

(707) 464-7273

Del Norte

712 Fourth Street, Eureka, CA 95501

(707) 445-7417

Humboldt

Assists abused victims in handling paperwork necessary for financial compensation as well as providing referral to community resources necessary for support. The program provides assistance with the witness role in court proceedings and assistance in obtaining temporary restraining orders. Court orientation, support and information for victims of violent crimes.

“I have the audacity to believe that peoples everywhere can have three meals a day for their bodies, education and culture for their minds, and dignity, equality and freedom for their spirits. I believe that what self-centered men have torn down, men other-centered can build up.”

*- Dr. Martin Luther King
Nobel Prize Acceptance
December 10th, 1964*

Disaster Preparedness

Simple preparations can help you in the event of a disaster or other emergency. These steps can reduce fear and anxiety during any emergency and will certainly help in the hours and days following an event.

Basic supplies to stock in an easy-to-carry container

- 1. Water** (1 gallon per person, per day, minimum 3-day supply) and for pets.
- 2. Food** (minimum 3-day supply/nonperishable items) and for pets.
- 3. First Aid Kit**
- 4. Prescription and non-prescription medications**
- 5. Clothing/bedding**
- 6. Tools and supplies:**
shut-off wrench for the gas, flashlight, radio, whistle, and batteries
- 7. Sanitation supplies:**
toilet paper, soap, bleach
- 8. Important family documents**
- 9. Food and water for your pet/s.**
- 10. Candles, and matches with waterproof container, or lighter**

Safety Planning Tips

- **Plan an evacuation route and keep it clear of clutter.**
- **Plan a communications schedule with your family.**
- **Remember planning for your pet's safety.**
- **Keep walking aids nearby at all times.**
- **Anchor heavy furniture and equipment in your house.**
- **If living in a coastal area, know where the closest "safe zone" (high ground) is in case of tsunami.**

For your

Family Disaster Supplies Kit or
a brochure call your local

American Red Cross

(707) 443-4521

(707) 464-2277

Humboldt
Del Norte

**Disaster preparedness
related Websites:**



www.seismic.ca.gov

www.prepare.org