

# Area 1 Agency on Aging

Promoting Independence for a Lifetime

S E R V I N G   H U M B O L D T   A N D   D E L   N O R T E   C O U N T I E S

**Area 1 Agency on Aging  
Advisory Council  
January 8, 2014  
10:30 a.m. – 12:30 p.m.  
A1AA Conference Room  
434 7<sup>th</sup> Street, Eureka**

**Vision**

***We envision a community where older persons and those with disabilities have knowledge of and access to available resources that promote quality of life.***

**Mission**

***Area 1 Agency on Aging will provide leadership and services that support older persons and those with disabilities through education, programs, advocacy and volunteerism.***

**A G E N D A**

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**PROGRAMS**  
 • CAREGIVER SERVICES  
 • HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM (HICAP)  
 • LONG-TERM CARE OMBUDSMAN PROGRAM  
 • SENIOR INFORMATION & ASSISTANCE (I&A)  
 • VOLUNTEER CENTER OF THE REDWOODS/RSVP  
MEMBER OF NATIONAL & COMMUNITY SERVICE

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11:25-11:35 **STRETCH BREAK**

11:35 VII. BOARD MEETING LIAISON (Anderson)

11:45 VIII. STAFF REPORTS (Rose)  
Report on C4A Conference

11:50 IX. ADVISORY COUNCIL MEMBER/PUBLIC COMMENT

X. NEXT MEETING: March 5, 2014

12:30 XI. ADJOURN

Area 1 Agency on Aging  
Advisory Council  
November 6, 2013  
434 7<sup>th</sup> Street, Eureka

## MINUTES

Members Present: Mary Ella Anderson, Supervisor Rex Bohn, Supervisor Roger Gitlin, Amanda Haney, Bonnie MacGregor, Howard Rien

Members Excused: Chris Jones, Barbara Perra

Guests: Zuretti Goosby, Senator Evans Representative

Staff Present: Maren Rose, Suzy Smith

### I. CALL TO ORDER/INTRODUCTION

President MacGregor called the meeting to order at 10:30 a.m. with introductions.

### II. APPROVAL OF MINUTES

MacGregor acknowledged at the last Advisory Council meeting she had agreed to serve as Chair of the Advisory Council rather than Interim Chair and asked for a vote from the council on her presidency.

**M/S/C           BOHN/HANEY/UNANIMOUS**

**TO APPROVE BONNIE MACGREGOR AS CHAIR OF THE ADVISORY COUNCIL.**

MacGregor asked for a motion to accept the September 4, 2013 Minutes.

**M/S/C           BOHN/RIEN/UNANIMOUS**

**TO APPROVE THE SEPTEMBER 4, 2013 MINUTES AS PRESENTED.**

### III. CONTINUING BUSINESS

#### A. Area Plan Update FY 14-15 and Public Hearings

Rose distributed a handout with the proposed overview of major activities that need to be completed for the 2016-2020 Area Plan. Also included in the in the handout are the 2013-2014 Advisory Council Activities. Rose indicated the next four year Area Plan is due to the California Department of Aging (CDA) in May 1<sup>st</sup> of 2016. She shared that California Center for Rural Policy (CCRP) is interested in collaborating with A1AA to help with a comprehensive Needs Assessment survey though the possibility of a joint grant which is due January 1<sup>st</sup>. Rose then drew attention to the lower portion of the handout which showed the tasks and deadlines for the Advisory Council indicating who is responsible for completing the task; staff and/or Council.

Rose then distributed a second handout showing goals and objectives that the Advisory Council is responsible for in the Area Plan 2012-16. These objectives can be revised as needed by the Advisory Council and it is important that to keep the Area Plan objectives in mind when discussing and planning Advisory Council activities.

**B. Needs Assessment and Research Project – HSU Collaboration**

Rose circulated the next handout which outlines a proposed project to incorporate Healthy Aging & Livable Communities Research into our next four year plan for 2016-2020. Rose explained that we will be working with the Humboldt State University Environmental Management and Planning Geographical Information System Senior practicum class to develop a project for mapping the location of seniors and related service/resources in Humboldt County. This project may include collaboration with the HSU California Center for Rural Policy and others to coordinate combining needs assessment research with GIS data to assist local stakeholders with both improving current services and being better prepared for the growing senior demographic in our county. Rose pointed out this handout is only for Humboldt County. She is in process for completing the same information for Del Norte County which is appearing to be very similar to Humboldt's in terms of the percentage of increase of the older adult population over the next several decades.

**C. Advisory Council Committees – Convener and Dates**

MacGregor drew attention to the Committee List shown on page 2 of the Agenda packet. She asked for volunteers to act as Chair of the Committees. Anderson volunteered to Chair the Legislative Committee and Rose/McGregor will be working with the Area Plan/Public Hearing Committee.

**D. Correspondence – Last Change Upgrade**

MacGregor explained the three letter examples sent to Advisory Council members had no consensus on which version to submit to Tamera Leighton, Del Norte Local Transportation Commission through the October email correspondence. Discussion followed with Council selecting the version shown on page 7 of the Agenda packet with addition of oxygen and medical supplies coming from Eureka and south.

**M/S/C                      GITLIN/ANDERSON/UNANIMOUS**

**TO SEND A LETTER TO TAMERA LEIGHTON, DEL NORTE LOCAL TRANSPORTATION COMMISSION IN SUPPORT OF PLANS FOR ALTERNATIVE ROUTES AROUND LAST CHANCE GRADE ON HIGHWAY 101.**

**IV. NEW BUSINESS**

**A. Procedures for Correspondence**

The Procedures for Correspondence was tabled until the January 8, 2014 meeting.

(Supervisor Bohn left the meeting.)

**V. LEGISLATIVE ACTION**

**A. California Senior Legislature (CSL)**

CLS Assemblymember Mary Ella Anderson distributed her report from the 33<sup>rd</sup> Annual Session of CSL. Anderson is on the Committee for Community and Social Services and CSL Senator Jack Alderson is on the Rules Committee.

Included the Agenda packet on page 10-11 an email showing that Governor Brown signed off on many CSL bills.

**B. C4A Legislative Update**

There were no C4A Legislative updates as this time; however, the Council was requested to write a letter in support of the Older American Act Federal legislation.

**M/S/C                    GITLIN/RIEN/UNANIMOUS**

**TO WRITE A LETTER OF SUPPORT OF THE OLDER AMERICANS ACT FEDERAL LEGISLATION.**

(Zuey Goosby left the meeting.)

**VI. BOARD MEETING LIAISON**

Gitlin attended the October 15, Board meeting at the Del Norte Senior Center. Anderson is signed up to attend November 19, and Perra is scheduled to attend the January 21, Board meeting.

**VII. ADVISORY COUNCIL MEMBER/PUBIC COMMENT**

MacGregor shared the Perra has become very active in a group advocating for senior housing in Ferndale. The group includes the Ferndale City Manager and Planner, DCI Builders, Director of the Bertha Russ Lytel Foundation, a property manager, Senior Center Chairperson, and Perra.

Anderson inquired about Advisory Council membership and recruitment. MacGregor asked that names of potential prospects be brought to the next meeting.

MacGregor added that the Senior Action Coalition has been working on traffic safety issues in light of the multiple pedestrian and traffic accidents recently. Their hope is that they are here to help solve issues through collaboration.

Gitlin stated there is no kidney dialysis available in Del Norte. He will draft a letter of support to have local kidney dialysis available in Del Norte County for Council approval.

**VIII. NEXT MEETING:                    January 8, 2014**

**IX. ADJOURN**

**M/S/C                    ANDERSON/RIEN/UNANIMOUS**

**TO ADJOURN THE MEETING AT 12:10 P.M.**