



# Area 1 Agency on Aging

Promoting Independence for a Lifetime

## PROGRAMS

- CAREGIVER SERVICES
- HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM (HICAP)
- LONG-TERM CARE OMBUDSMAN PROGRAM
- SENIOR INFORMATION & ASSISTANCE (I&A)
- VOLUNTEER CENTER OF THE REDWOODS/RSVP



## EXECUTIVE DIRECTOR

MAGGIE KRAFT, MSW

## BOARD OF DIRECTORS

DARLENE PENFOLD

*Chair*

GEORGE INGRAHAM, MD

*Vice Chair*

NYLE HENDERSON

*Secretary*

NAOMI JOHNSON

*Treasurer*

DIANNE BENNETT

DEAN CHARLTON

TOM COCHRAN

JOHN GAMBIN, MD

SHARON MELLETT

SID NOYES

VICTORIA ONSTINE

SHEILA ROCKER HEPPE

## ADVISORY COUNCIL

BONNIE MACGREGOR,

*Interim President*

ROGER GITLIN, *Vice President*

MARY ELLA ANDERSON

REX BOHN

AMANDA HANEY

CHRIS JONES

BARBARA PERRA

HOWARD RIEN

434 7TH STREET

EUREKA, CA 95501

(707) 442-3763 (PHONE)

(707) 442-3714 (FAX)

(800) 408-4636 (TOLL FREE)

## DEL NORTE OFFICE

1765 NORTHCREST DR.

CRESCENT CITY, CA 95531

(707) 464-7876 (PHONE)

(707) 464-5096 (FAX)

SERVING HUMBOLDT AND DEL NORTE COUNTIES

## Area 1 Agency on Aging Advisory Council

November 6, 2013

10:30 a.m. – 12:00 p.m.

A1AA Conference Room  
434 7<sup>th</sup> Street, Eureka

### Advisory Council Purpose

*The Advisory Council functions to assist the Area 1 Agency on Aging with developing and administering the Area Plan; conducting public hearings; representing the interests of older persons and reviewing and commenting on community policies, programs and actions which affect older persons to assure maximum coordination and responsiveness to older persons.*

## AGENDA

Page #

- |             |       |   |      |
|-------------|-------|---|------|
| 10:30       | I.    | CALL TO ORDER / INTRODUCTION                                  |      |
|             | II.   | APPROVAL OF MINUTES – September 4, 2013 <b>[ACTION]</b> ..... | 1-4  |
| 10:35       | III.  | CONTINUING BUSINESS   |      |
|             | A.    | Area Plan Update FY 14-15 and Public Hearings                 |      |
|             | B.    | Needs Assessment and Research Project - HSU Collaboration     |      |
|             | C.    | Advisory Council Committees – Convener and Dates              |      |
|             | D.    | Correspondence - Last Chance Upgrade .....                    | 5-11 |
| 11:10       | IV.   | NEW BUSINESS  |      |
|             | A.    | Procedure for Correspondence                                  |      |
| 11:20-11:30 |       | <b>STRETCH BREAK</b>  |      |
| 11:30       | V.    | LEGISLATIVE ACTION  |      |
|             | A.    | California Senior Legislature (CSL)                           |      |
|             | B.    | C4A Legislative Update  |      |
| 11:40       | VI.   | BOARD MEETING LIAISON (October-Gitlin; November-Anderson)     |      |
| 11:50       | VII.  | ADVISORY COUNCIL MEMBER/PUBLIC COMMENT                        |      |
|             | VIII. | NEXT MEETING: January 8, 2014                                 |      |
| 12:00       | IX.   | ADJOURN   |      |

Area 1 Agency on Aging  
Advisory Council  
September 4, 2013  
434 7<sup>th</sup> Street, Eureka

## MINUTES

Members Present: Supervisor Rex Bohn, Frieda Bridges, Supervisor Roger Gitlin, Amanda Haney, Chris Jones, Bonnie MacGregor, Barbara Perra, Howard Rien, Mary Ella Anderson

Members Excused:

Guests Present: Erin O'Malley; Jeanine Candedo-Moncrief, Changing Tides Family Services; Darlene Penfold, A1AA Board of Directors; Joyce Hayes, Executive Director Humboldt Senior Resource Center (arrived 11:30)

Staff Present: Maren Rose, Suzy Smith

### I. CALL TO ORDER / INTRODUCTION

Interim-President MacGregor called the meeting to order at 10:30 a.m. with self-introductions. Bridges announced that she would be resigning due to personal reasons as of today's meeting.

### II. PUBLIC HEARING

Rose stated after California Department of Aging's onsite monitoring visit it was noted that the Area 1 Agency on Aging's Area Plan must revise objective 2.1.b of the Area Plan in order to be able to pay respite grants to grandparents raising grandchildren. Today's Public Hearing is required to seek input about this issue before amending the Area Plan.

Rose read a letter from Suzanne Whipple stating how much she and her grandson benefitted from this grant.

Erin O'Mally shared how the respite grant has helped her through the process she has gone through in taking on the responsibility of raising her grandchild.

Janine Candedo-Moncrief from Changing Tides Family Services stated they have seen an increase in the need from grandparents seeking help for childcare, Changing Tides does have a program that provides assistance with childcare, however funds are limited. There is a definite need for additional funding.

**M/S/C            ANDERSON/JONES/UNANIMOUS**

**APPROVE THE AMENDMENT TO THE AREA PLAN OBJECTIVES CREATING AN OBJECTIVE FOR GRANDPARENTS RAISING GRANDCHILDREN RESPITE GRANTS.**

(Perra arrived at 10:55)

III. APPROVAL OF MINUTES – July 3, 2013

MacGregor discussed the purpose of the Advisory Council. She stated that initially appointed as interim President for a 3 month period, and has reconsidered and is willing to serve a full 2 year term as President.

MacGregor asked for a motion for the approval of last Council meeting minutes.

**M/S/C RIEN/BRIDGES/BOHN, GITLIN & HANEY ABSTAINED  
 TO APPROVE THE MINUTES OF JULY 3, 2013 AS PRESENTED.**

IV. NEW BUSINESS

A. January Meeting Dates/Board Liaison

MacGregor stated the January 2014 meeting falls on a holiday and asked for input for an alternate date. General consensus was to meet on January 8, 2014 from 10:30 a.m. to 12:00 p.m.

V. CONTINUING BUSINESS

A. Committee Focus

MacGregor read from the Advisory Council Bylaws stating the Advisory Council shall have four Standing Committees: Membership and Nominating, Legislative, Executive and Area Plan/Public Hearing Committee. MacGregor proposed revisiting the Membership and Nominating Committee in November/January.

MacGregor discussed responsibilities of each committee and that members of the Council are involved in positions in the community that cover issues of importance to seniors. She requested that Council members keep the Council informed as they interact in their communities.

MacGregor asked members to sign up in an area of their interest.

B. Committee List

Executive Committee		Membership and Nominating Committee
<i>(2 year terms)</i>		<i>Minimum of 3 members</i>
<b>President</b>	Bonnie MacGregor	WILL RE-VISIT IN NOVEMBER/JANUARY
<b>Vice President</b>	Roger Gitlin	
<b>Member At Large</b>	Vacant	
<b>Past President</b>	Chris Jones	
Legislative Committee		Area Plan/ /Public Hearing Committee
Mary Ella Anderson		Amanda Haney
Barbara Perra (Housing)		Rex Bohn
Roger Gitlin (Health)		Howard Rien
Howard Rien		

## VI. LEGISLATIVE ACTION

### A. California Senior Legislature (CSL)

Anderson reported on CSL budget cuts. She stated that it appears the CSL will continue to have a line item 504 on tax returns allowing for donations.

## VII. BOARD MEETING LIAISON

### A. Sign up for Board Meeting Liaison

A sheet was circulated for sign-up to attend the A1AA Board of Directors meeting.

- September 17 – Supervisor Rex Bohn
- October 15 – Supervisor Roger Gitlin (Board meeting to be held in Crescent City)
- November 19 – Mary Ella Anderson
- December – no meeting
- January 21, 2014 – Barbara Perra
- February 21 –
- March 18 –
- April 12 – Amanda Haney
- May 20 –
- June 17 –

## VIII. STAFF REPORTS

### A. Area plan Updates & Progress

Rose stated the Area Plan is a 4-year plan. The current plan is for 2012-2016. There are certain requirements A1AA must meet, such as providing for broad public input at public hearings, we may also utilize other needs assessment activities. One area that CDA is requiring us to address is the needs and services of the Lesbian, Gay, Bi-sexual, Transgender, Queer (LGBTQ) community. The Agency has held two roundtables and developed and administered a survey to obtain preliminary input from the LGBTQ community. We are also looking into holding more focus groups.

Rose also stated CDA has requested changes in our Area Plan to correct service unit calculations.

Rose shared that she and Kraft are exploring possible grants for a broader needs assessment on subjects such as:

- Elder-Friendly/Livable Communities
- Housing – Aging in Place/Downsizing and other housing options and the link between healthy aging and suitable housing.
- GIS - type mapping programs to show where senior populations are concentrated within our communities and possibly tying this to our Disaster Planning.
- Preparing for the onslaught of aging baby boomers.. getting ready for the Age Wave

B. Correspondence

Correspondence (Kraft letter) included on pages 10-16 of the packet was reviewed.

IX. ADVISORY COUNCIL MEMBER ANNOUNCEMENTS

Gitlin reported that Sutter Coast Hospital in Del Norte County has been slated by their corporate office for "regionalization." They are also proposing to devolve the status of the hospital to a critical access designation. Gitlin stated this would impact the community and in particular seniors because they would be required to leave the area for non-crisis medical care. He requested the Advisory Council's support in writing a letter of opposition to this change of status for the Sutter Coast Hospital in Del Norte County.

**M/S/C JONES/HANEY/UNANIMOUS**

**TO WRITE A LETTER OF TO SUPPORT MAINTAINING SUTTER COAST AS AN ACUTE CARE HOSPITAL AND TO KEEP CONTROL OF HOSPITAL LOCAL.**

Gitlin then brought up the issue of the dire Highway 101 road condition at "Last Chance Grade" between Humboldt and Del Norte. He stated that should the road collapse Del Norte would be an 11 hour detour away from Humboldt County.

**M/S/C GITLIN/JONES/UNANIMOUS**

**TO WRITE A LETTER OF SUPPORT FOR A FAST TRACT TO IMPLEMENT A BYPASS AROUND LAST CHANGE GRADE.**

Joyce Hayes, Humboldt Senior Resource Center's Executive Director shared that the Partnership Healthcare Plan started on September 1. It is the managed care plan for Medi-Cal/Medicaid which covers Humboldt, Del Norte counties. Hayes shared that Partnership Healthcare is looking for a consumer or a caregiver that can represent the county/ies on a Consumer Advisory Council. If you are interested please contact Maren and she will forward the information to Hayes.

X. NEXT MEETING: November 6, 2013

XI. ADJOURN

**M/S/C JONES/GITLIN/UNANIMOUS**

**TO ADJOURN THE MEETING AT 12:15 P.M.**