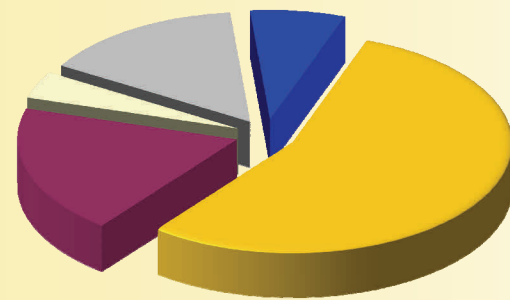
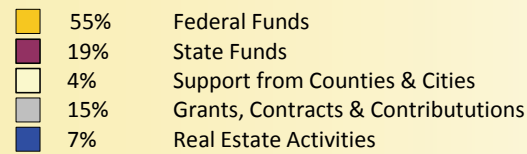


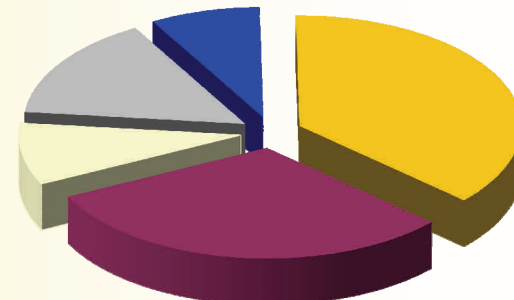
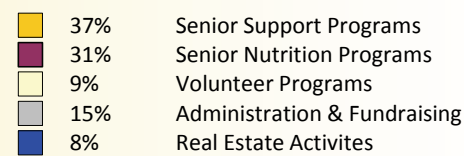
# A1AA Financial Operations

The Area 1 Agency on Aging is a 501(c)(3) organization responsible for the stewardship of federal, state, county and city funds with 70% of our total funding provided by the California Department of Aging. In addition, grants and contributions are received from foundations, private donors and fundraising efforts and the Agency benefits from a 50% ownership interest in its 434 7th Street building. During fiscal year 2012-2013 the agency utilized its reserves for a portion of its operating expenditures. A1AA has enjoyed a history of unqualified audit reports by an independent CPA and favorable monitoring reports from its oversight agencies.

**2012-2013 Operating Revenues**  
\$1,796,085

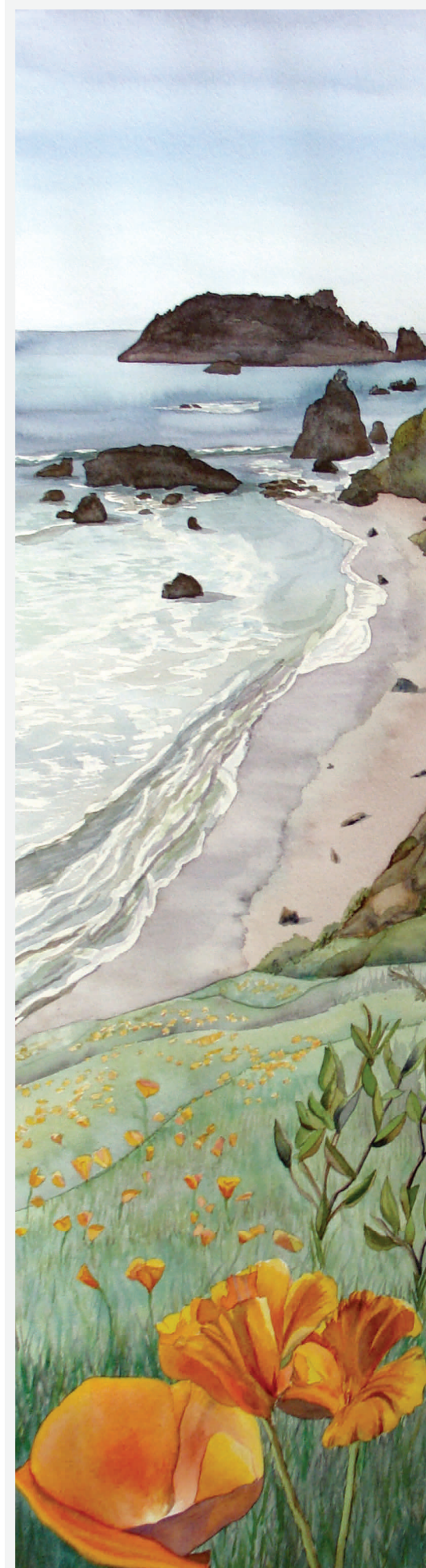


**2012-2013 Operating Expenditures**  
\$1,867,725



## Statement of Financial Position

	As of 6/30/13	As of 6/30/12
<b>Assets</b>		
Cash & Cash Equivalents	\$ 570,923	\$ 688,369
Investments	27,121	25,299
Property & Equipment	1,126,648	1,163,834
Other Assets	85,319	93,640
<b>Total Assets</b>	<b>\$1,810,011</b>	<b>\$1,971,142</b>
<b>Liabilities</b>	\$ 124,862	\$ 129,077
<b>Net Assets</b>		
Unrestricted	1,553,490	1,625,130
Temporarily Restricted	131,659	216,935
<b>Total Net Assets</b>	<b>\$1,685,149</b>	<b>\$1,842,065</b>
<b>Liabilities and Net Assets</b>	<b>\$1,810,011</b>	<b>\$1,971,142</b>



## Area 1 Agency on Aging

**will provide leadership and services that support older persons and those with disabilities through education, programs, advocacy and volunteerism.**

**We envision a community where older persons and those with disabilities have knowledge of and access to available resources that promote quality of life.**

## 2012-2013 Annual Report



Humboldt Office:  
434 7th Street, Eureka, CA (707) 442-3763

Del Norte Office:  
1765 Northcrest Dr., Crescent City, CA 95531 (707) 464-7876  
Web Site: [www.a1aa.org](http://www.a1aa.org)

# Message from the Chair

Established in 1980, Area 1 Agency on Aging is one of the 33 Area Agencies on Aging in California, providing the planning, coordination and actual delivery of many services and supports that meet the identified needs of our elders in Humboldt and Del Norte Counties.

This year the board embarked on an intensive strategic planning process in an effort to grapple with the changes and challenges facing senior services and the broader social service community. One result of this effort was our new vision statement and revised mission statement, which you see on the cover.

Another result was a renewed understanding of and dedication to the importance of the services provided by our fantastic staff and a commitment to finding the resources to ensure we can continue to serve, even in these challenging times of shrinking funding and a federal sequester that reduced funding for many of the services we support.

To keep serving seniors and their families, we will continue to collaborate within the senior and disability service communities. We will also create new collaborations with those working to improve life in our local communities for all ages and abilities.

The tide raises all boats. Now is not the time to think otherwise.

*Darlene Penfold, Board Chair*



Area 1 Agency on Aging  
Board of Directors:  
(Front row) George Ingraham, M.D.,  
Darlene Penfold, Dianne Bennett  
(Middle row) Naomi Johnson,  
Nyle Henderson, Sheila Rocker-Heppe,  
(Back Row) Sid Noyes,  
John Gambin, M.D.,  
Tom Cochran, Dean Charlton  
Not Pictured:  
Sharon Mellett, Victoria Onstine

## A1AA Program Highlights 2012-2013

### CalFresh—Special Grant

In April 2013, we received a 12 month grant from Humboldt County to improve senior nutrition and increase senior applications to CalFresh. This grant enables us to: use media to reduce misunderstandings and stigma seniors associate with using CalFresh; provide short term meal delivery to seniors upon discharge from local hospitals; provide in home food security assessments that look at environmental and physical challenges to good nutrition; provide assistive devices to address these challenges; provide in home assistance with CalFresh applications; and provide nutrition education at local senior lunch sites.

- ★ Published five articles in local media regarding CalFresh and seniors.
- ★ Distributed nutrition education materials to 587 seniors.
- ★ Developed contracts with local food providers and worked with hospitals to start the meal program, providing 35 meals.
- ★ Provided CalFresh enrollment specific information to 72 seniors and assisted 16 with applications.
- ★ Developed a food resources bookmark and began to compile information for a food resources guide.

### Caregiver Services

Caregiver Services provides training and support to seniors, caregivers and their families. Our caregiver registry provides referrals of trained caregivers to seniors and people with disabilities and, during 2012-2013:

- ★ Responded to 437 family caregiver inquiries and requests for services.
- ★ Sent out 356 caregiver match lists.
- ★ Provided four caregiver trainings with 47 graduates.
- ★ Provided a total of \$15,270 in respite funding to 30 families.

### Information and Assistance (I&A)

I&A is the single access point for seniors, their families, caregivers and professionals to obtain information and connections to critical services. A1AA Resource Specialists:

- ★ Responded to 2,058 inquiries and requests for services.
- ★ Filed 51 Adult Protective Services and two Child Welfare Service reports on behalf of local seniors.
- ★ Provided one time emergency cash aid to 15 older adults and four caregivers.

### Health Insurance Counseling and Advocacy Program (HICAP)

Counselors provide individual client appointments, community education, and informal advocacy regarding Medicare and related programs. A1AA's 11 registered HICAP counselors:

- ★ Counseled 3,193 Medicare beneficiaries through individual appointments.
- ★ Made over 9,200 total contacts, including phone calls and at public events.
- ★ Helped Medicare beneficiaries save an estimated \$1,906,0000 on their prescription drug plans.

### Long Term Care Ombudsman Program (LTCOP)

The Long-Term Care Ombudsman Program works to improve the care residents receive in long term care facilities, using volunteers to maintain a presence and advocate for residents, and to identify, investigate and resolve their complaints. Ombudsman program staff and volunteers:

- ★ Provided a total of 1,937 hours of volunteer time.
- ★ Investigated 223 complaints, with a resolution rate of over 90%.
- ★ Provided 1,148 visits to local facilities.
- ★ Witnessed 22 Advanced Health Care Directives for residents in skilled nursing facilities.
- ★ Provided 239 consultations or trainings for staff of skilled nursing homes, residential care facilities and the community.

### Volunteer Center of the Redwoods/Retired Senior Volunteer Program (VCOR/RSVP)

VCOR/RSVP connects people with valuable volunteer opportunities that have a positive impact in our community.

- ★ Recruited 95 new volunteers and ended the year with a total of 326 volunteers.
- ★ Supported RSVP volunteers who gave 53,623 hours of service.
- ★ Provided 741 free rides to seniors for their medical appointments through the Volunteer Driver Program.
- ★ Matched 16 senior Pen Pals with 16 seventh graders in a Crescent City elementary school.

### Senior Action Coalition (SAC)

The Senior Action Coalition was developed through a grant from the SCAN Foundation. While A1AA still provides support when needed, SAC now holds regular monthly meetings on the third Wednesday of every month from 11:30 am to 1:30 pm at Jefferson School, 1000 B Street, Eureka. Meetings are brown bag lunch. People interested in senior issues are invited to join. Call (707) 440-9365 for more information.