



Area 1 Agency on Aging

2014-2015 Annual Report

We envision a community where older persons and those with disabilities have knowledge of and access to available resources that promote quality of life.



We provide leadership and services that support older persons and those with disabilities through education, programs, advocacy and volunteerism.



Humboldt Office:
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(707) 464-7876

Web Site: www.a1aa.org

Our Services

- * Caregiver Services
- * HICAP
- * Long Term Care Ombudsman Program (LTCOP)
- * RSVP/Volunteer Center of the Redwoods
- * Senior Information & Assistance
- * Volunteer Driver Program

New Activities in 2014—2015

- * Redwood Coast Village development
- * Gold Star Move Management

Volunteer Driver Program saved life.

"I would not have been able to make it to my doctor appointments without the Volunteer Driver Program and would like to express my extreme gratitude to all the Volunteer Drivers. All of the Volunteer Drivers I encountered were very punctual, courteous, and kind. I have so much respect for them all. I hope the Volunteer Driver Program will be around for a long time. The need for this program is in high demand people that need it the most.

This program literally saved my life!"

Charlann

Volunteer Center of the Redwoods/RSVP

Our primary program focus is Environmental Stewardship. Many Boomers want to stay physically and environmentally active and aware. We have developed relationships with organizations that provide more outdoor volunteer activities. We also provide opportunities in Health and Nutrition, Education, Economic Opportunity, and Veterans Services. The cover photographs were taken by Maureen McGarry, RSVP/VCOR Project Director, in the Arcata Forest during a forest work day and a quiet stroll.

Gold Star Move Management

In 2014-15 A1AA started Gold Star Move Management, the only local Senior Move Manager®. "Stay Put" services help people rethink and reorganize their current space to make it safer and more user-friendly. "Move On" services are designed to help people with the emotional and physical aspects of moving. We also offer photo and important document scanning to make sure important documents are safe and photos can be shared with family and friends. Gold Star is a member of the National Association of Senior Move Managers.

Redwood Coast Village

In 2014-15, after numerous community forums and public input, Redwood Coast Village completed the exploratory phase and moved into the development phase with the goal of bringing the Village Model to Humboldt County in 2016.

RCV is a membership organization that helps people stay in their own homes as they age. The initial services offered will include: transportation; "Helping Hands" for light fix-it jobs, occasional pet care and help with home technology; a list of member recommended businesses; a web-based social bulletin board for events and activities; "one phone call" help with RCV services and referrals; and check-in phone calls.

The Redwood Coast Village has received grant support from St. Joseph Care for the Poor, the McLean Foundation and Union Labor Health Foundation as well as cash and in-kind donations from community members.

Long Term Care Ombudsman helps reunite family.

Jed* was 80 years old and lived with his son Joe* in Willow Creek. Jed fell and was transported to an acute hospital in Eureka and then to a local skilled nursing facility to convalesce. With direction from Jed, Joe began making arrangements for Jed to return home.

A facility staff member had determined that Jed was incapable of making independent decisions, so the facility was not willing to release Jed. Legally, only a court of law can declare someone to be incompetent. Numerous attempts were made by Joe to meet with facility staff to change his father's initial assessment of incompetency.

The Long Term Care Ombudsman was contacted to advocate for Jed's transition home and met with Jed multiple times. the Ombudsman found Jed able to clearly articulate his wishes. Although he showed some minor memory problems, it was clear that he wanted to return home and could do so, especially with the help of his son Joe.

With Jed's permission the Ombudsman contacted Joe and the attending physician to set up a care conference. At the care conference the Ombudsman explained that the facility was resisting a discharge based on an inaccurate evaluation of the resident's competency. The physician interviewed Jed, who was "emphatic" his son provided good care, and that he wanted to return home. A discussion followed about modifications need to make the home safer for Jed and prevent future falls. The physician ordered physical therapy for Jed following discharge and agreed to be available for questions about Jed's ongoing care following discharge.

The advocacy of the Ombudsman helped the doctor see that Jed was able to live safely with his son Joe and discharged Jed to his Willow Creek home.

(*not their real names)

Information and Assistance helps a family stay safe.

I & A staff made a huge difference in the lives of Sarah* disabled senior, her disabled adult daughter Martha and Sarah's granddaughters, Jill and Gwen, when we made a home visit to the family in southern Humboldt. The purpose of these free home visits is to perform a safety assessment of the senior's environment and offer assistive devices related to food safety, including better ways to store, cook and prepare food. The safety assessment provides the senior with specific activities they can do to remain safe at home.

The family was living in substandard housing and had just received an eviction notice. Other agencies were involved in helping find a new home in Eureka, closer to medical and other services. Sarah was capable of making the contacts she needed to make and appreciated the emotional support our Specialist provided during the stressful process. Once moved in to their new home in Eureka, our Specialist conducted a safety visit and provided assistive devices to help the family.

(*not their real names)

Caregiver Classes give daughter the skills she needs.

"I cannot thank you enough for giving me the knowledge and encouragement I need to give my mother the care she needs. I feel more comfortable taking care of my mother after taking this class.

My mom says thank you too!"

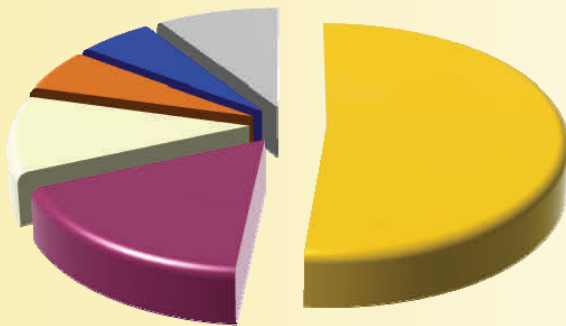
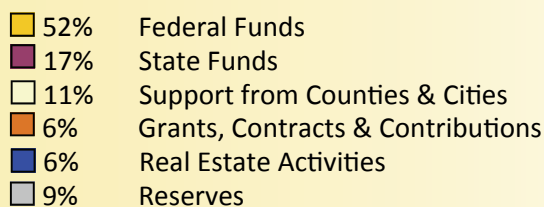
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A1AA Financial Operations

The Area 1 Agency on Aging is a 501(c)(3) organization responsible for the stewardship of federal, state, county and city funds with 69% of our total funding provided through the California Department of Aging. In addition, grants and contributions are received from foundations, private donors and fundraising efforts and the Agency benefits from a 50% ownership interest in its 434 7th Street building. During fiscal year 2014-2015 the agency utilized its reserves for a portion of its operating expenditures. A1AA has enjoyed a history of unqualified audit reports by an independent CPA and favorable monitoring reports from its oversight agencies.

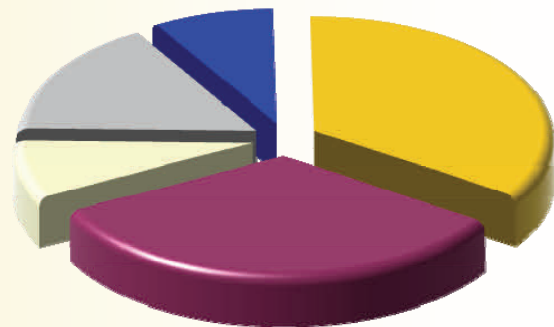
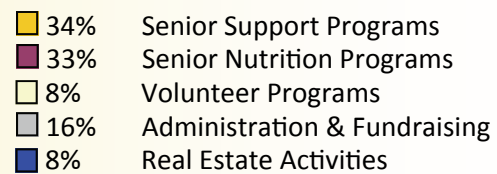
2014—2015 Operating Revenues

\$1,977,984



2014—2015 Operating Expenditures

\$1,977,984



Statement of Financial Position

	<u>As of 6/30/15</u>	<u>As of 6/30/14</u>
Assets		
Cash & Cash Equivalents	\$ 340,550	\$ 318,357
Investments	21,239	30,549
Property & Equipment	1,086,162	1,117,174
Other Assets	<u>56,081</u>	<u>257,397</u>
Total Assets	<u>\$1,504,032</u>	<u>\$1,723,477</u>
Liabilities	\$ 98,493	\$ 135,126
Net Assets		
Unrestricted	1,387,143	1,524,398
Temporarily Restricted	<u>18,396</u>	<u>63,952</u>
Total Net Assets	<u>\$1,405,539</u>	<u>\$1,588,350</u>
Liabilities and Net Assets	<u>\$1,504,032</u>	<u>\$1,723,476</u>