



Presents

Walk and Talk

Family Caregiver Support Group

2nd and 4th Tuesdays
10:00am

RSVP to Erin exm@redwoodcrc.org
or 707-582-2360

Spring 2023 Dates and Locations

- March 28th: Sequoia Park (Gate Entrance W St Eureka)
- April 11th: Arcata Marsh (Meet in the big parking lot at the very end of South I St Arcata)
- April 25th: Eureka Boardwalk (Foot of C St Eureka)
- May 9th: Sequoia Park (Gate Entrance W St Eureka)
- May 23rd: Hikshari' Trail (Foot of Truesdale St Eureka)

****If raining, we will walk inside at the Bayshore Mall (in front of the DMV at the North end of the mall near Ross)*

Please RSVP to Erin at exm@redwoodcrc.org or 707-582-2360 in order to receive important updates

This event is funded in part through our partnership with Humboldt / Del Norte Counties Area 1 Agency on Aging / Family Caregiver Support Program

PO Box 1426 Eureka, CA 95502
707-542-0282 rcrc@redwoodcrc.org
Follow us on Facebook/RedwoodCRC and Twitter @RedwoodCRC