



April 2024 California Caregiver Resource Center Event Calendar

All events listed are virtual and open to everyone. This is a collaborative effort of the California Caregiver Resource Centers to ensure high-quality education for California family caregivers.

Parkinson

Date: Tuesday, April 02
Time: 10:00 am - 11:30 am
Hosted By: Inland Caregiver Resource Center
Phone: 909 514-1404
Language: Spanish

Let's Get Away, Together! Let's explore Trompe L'oeil – The Art of Tricking the Eye

Date: Tuesday, April 02
Time: 01:00 pm - 02:00 pm
Hosted By: Family Caregiver Alliance
Language: English

10 Warning Signs of Alzheimer's & Dementia

Date: Wednesday, April 03
Time: 05:30 pm - 06:30 pm
Hosted By: Caregiver Resource Center OC
Phone: 800-543-8312 or 714-446-5030
Language: English

Comprender la ansiedad y reducir el estrés

Date: Tuesday, April 09
Time: 02:00 pm - 03:30 pm
Hosted By: Inland Caregiver Resource Center
Phone: 909 514-1404
Language: Spanish

Let's Get Away, Together! ENCORE to Seattle!

Date: Tuesday, April 09

Time: 01:00 pm - 02:00 pm

Hosted By: Family Caregiver Alliance

Language: English

Ask The Elder Law Attorney

Date: Tuesday, April 09

Time: 01:00 pm - 02:30 pm

Hosted By: Inland Caregiver Resource Center

Phone: 9095141404

Language: English

Effective Communication Strategies

Date: Tuesday, April 09

Time: 10:30 am - 11:30 am

Hosted By: Del Oro Caregiver Resource Center

Phone: (916) 728-9333

Language: English

Respiración y relajación

Date: Wednesday, April 10

Time: 10:30 am - 12:00 pm

Hosted By: Inland Caregiver Resource Center

Phone: 909 514-1404

Language: Spanish

Conozca las 10 Señales de Advertencia

Date: Wednesday, April 10

Time: 05:30 pm - 06:30 pm

Hosted By: Caregiver Resource Center OC

Phone: 800-543-8312 or 714-446-5030

Language: Spanish

The Misconceptions of Hospice

Date: Wednesday, April 10

Time: 06:00 pm - 07:30 pm

Hosted By: Inland Caregiver Resource Center

Phone: 9095141404

Language: English

STRESS LESS! Managing Stress & Anxiety

Date: Wednesday, April 10

Time: 01:00 pm - 02:00 pm

Hosted By: Passages Caregiver Resource Center

Phone: 5308985925

Language: English

Difficult Dementia Behaviors

Date: Thursday, April 11

Time: 02:00 pm - 03:30 pm

Hosted By: Valley Caregiver Resource Center

Phone: 559-224-9154 or 800-541-8614

Language: English

Video: Managing and Understanding Behavior Problems in Alzheimer's Disease and Related Disorders

Date: Friday, April 12

Time: 10:30 am - 12:30 pm

Hosted By: Redwood Caregiver Resource Center

Phone: 707-582-2329

Language: English

Fraudes

Date: Monday, April 15

Time: 01:30 pm - 03:00 pm

Hosted By: Inland Caregiver Resource Center

Phone: 909 514 1404

Language: Spanish

Let's Get Away, Together! Explore National Parks!

Date: Tuesday, April 16

Time: 01:00 pm - 02:00 pm

Hosted By: Family Caregiver Alliance

Language: English

Technology Class #4

Date: Tuesday, April 16

Time: 02:00 pm - 03:30 pm

Hosted By: Inland Caregiver Resource Center

Phone: 9095141404

Language: English

Entendiendo la enfermedad de Parkinson: Una guía para los cuidadores

Date: Wednesday, April 17

Time: 01:00 pm - 02:00 pm

Hosted By: Southern Caregiver Resource Center

Phone: 8582684432

Language: English

Parkinson's Disease Medication

Date: Wednesday, April 17

Time: 06:00 pm - 07:30 pm

Hosted By: Inland Caregiver Resource Center

Phone: 9095141404

Language: English

Understanding Alzheimer's & Dementia

Date: Wednesday, April 17

Time: 05:30 pm - 06:30 pm

Hosted By: Caregiver Resource Center OC

Phone: 800-543-8312 or 714-446-5030

Language: English

Depression: Common, Disabling, Unrecognized, Treatable

Date: Thursday, April 18

Time: 2:00 pm - 3:30 pm

Hosted By: Inland Caregiver Resource Center

Phone: 9095141404

Language: English

Palliative Care Vs Hospice Care

Date: Thursday, April 18

Time: 01:00 pm - 02:30 pm

Hosted By: Del Mar Caregiver Resource Center

Phone: (831) 424-4359

Language: English

CONFIDENCE 4-week CONFIDENCE Financial Education Program for Latinos

Date: Thursday, April 18

Time: 04:00 pm - 06:00 pm

Hosted By: Los Angeles CRC

Phone: 800-540-4442

Language: Spanish

The Dementia Conversation

Date: Monday, April 22

Time: 12:00 pm - 01:30 pm

Hosted By: Inland Caregiver Resource Center

Phone: 9095141404

Language: English

Legal Strategies for Lower your Share of Cost (co-pay) With Medi-Cal

Date: Tuesday, April 23

Time: 10:00 am - 11:30 am

Hosted By: Inland Caregiver Resource Center

Phone: 9095141404

Language: English

Let's Get Away, Together! Let's Explore Famous and Catchy Ads

Date: Tuesday, April 23

Time: 01:00 pm - 02:00 pm

Hosted By: Family Caregiver Alliance

Language: English

Diabetes

Date: Tuesday, April 23

Time: 02:00 pm - 03:30 pm

Hosted By: Inland Caregiver Resource Center

Phone: 909 514-1404

Language: Spanish

You're Not Alone: Managing Feelings of Sadness

Date: Wednesday, April 24

Time: 04:00 pm - 05:00 pm

Hosted By: Caregiver Resource Center OC

Phone: 800-543-8312 or 714-446-5030

Language: English

When Weight Loss Stalls

Date: Thursday, April 25

Time: 10:00 am - 11:39 am

Hosted By: Inland Caregiver Resource Center

Phone: 9095141404

Language: English

Acceso a recursos para cuidadores de familia/Accessing Community Resources (in Spanish)

Date: Thursday, April 25

Time: 10:30 am - 11:30 am

Hosted By: Los Angeles CRC

Phone: 800-544-4442

Language: Spanish

Family Conflict

Date: Thursday, April 25

Time: 02:00 pm - 03:30 pm

Hosted By: Valley Caregiver Resource Center

Phone: 559-224-9154 or 800-541-8614

Language: English

Cuerpo y cerebro sano es vida sana

Date: Thursday, April 25

Time: 02:00 pm - 03:30 pm

Hosted By: Inland Caregiver Resource Center

Phone: 909 514-1404

Language: Spanish

Caregiver 101

Date: Friday, April 26

Time: 10:30 am - 12:30 pm

Hosted By: Redwood Caregiver Resource Center

Phone: 7075822329

Language: English

Ask an Elder Law Attorney – Live Q & A

Date: Monday, April 29

Time: 03:00 pm - 04:00 pm

Hosted By: Caregiver Resource Center OC

Phone: 800-543-8312 or 714-446-5030

Language: English

Let's Get Away, Together! ENCORE to Florence!

Date: Tuesday, April 30

Time: 01:00 pm - 02:00 pm

Hosted By: Family Caregiver Alliance

Language: English

Limites saludables para cuidadores

Date: Tuesday, April 30

Time: 02:00 pm - 03:30 pm

Hosted By: Inland Caregiver Resource Center

Phone: 909 514-1404

Language: Spanish