



**RCRC Master Support Group List  
As of 03/28/2024**

Please Contact Amie to register for a group: [axh@redwoodcrc.org](mailto:axh@redwoodcrc.org) or 707-542-0282 x107

Video Group	ZOOM	2nd Fridays	10:30-12:30
CG101	ZOOM	4 <sup>th</sup> Fridays	10:30-12:30

**Support Groups**

Hum/Del	In-Person	2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays	9:30 – 11:30
Hum/Del	ZOOM	1 <sup>st</sup> & 3 <sup>rd</sup> Thursdays	1:00 – 2:30
Hum/Del	In-Person	TBA	– Summer & Fall
Lak/Men	Zoom	2 <sup>nd</sup> & 4 <sup>th</sup> Monday	10:00 – 12 noon
Solano	Zoom/Vallejo	2 <sup>nd</sup> & 4 <sup>th</sup> Tuesdays	10:30 – 12:30
Sonoma	ZOOM/Share & Care	2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays	10:00 – 12:00
Sonoma	ZOOM/1 <sup>st</sup> Pres	2 <sup>nd</sup> Thursdays	6:00 – 7:30 PM
Sonoma	In-Person/PPSC	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> Tuesdays	1:00 – 2:30

RSVP by calling Petaluma People Services Center (PPSC) @ 707-765-8488

Sonoma	In-Person/Russian River	2 <sup>nd</sup> Thursday	1 pm – 3 pm
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**Russian River - Drop-In**

Sonoma	In-Person/Primrose	2 <sup>nd</sup> Monday	1:30 – 3 pm
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RSVP by calling Primrose @ 707-578-8360

Spanish SG	ZOOM	2 <sup>nd</sup> & 4 <sup>th</sup> Wednesdays	4pm – 5:30 pm
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Por Favor contacte a Roberto Aviles Roberto Aviles [rx@redwoodcrc.org](mailto:rx@redwoodcrc.org) 707-582-2277